



If you have problems with dryness and sensitivity of the mucous membranes in your vaginal area

Dry mucous membranes

Most women have at some point had problems with dry mucous membranes.

The problems can either be temporary or last for longer periods of time. One can experience varying symptoms to different degrees.

Symptoms

Mucous membranes that are dry and sensitive can cause pain and burning. Some women describe a burning sensation, dryness or chafing.

Consequences of dry mucous membranes

Dry mucous membranes in the vaginal area often cause pain during sex. One can feel discomfort wearing tight pants. It can sometimes hurt to sit on a bicycle seat or ride a horse.

What is the cause of dry mucous membranes?

- Decrease in oestrogen. During menopause, levels of oestrogen in the blood decrease. When oestrogen decreases and eventually ends up on a low level, the mucous membranes become thin, sensitive and less elastic.

During breastfeeding, oestrogen production temporarily decreases.

- The production of vaginal discharge can vary from woman to woman.
- Wash moderately! So that the important vaginal discharge is not washed off mechanically.
- Smoking causes poorer oxygenation in all tissues and can be a contributing cause of dry mucous membranes.

Gynomunal vaginal gel results in a comfortable, soft and moderately moist feeling without feeling sticky.

Gynomunal vaginal gel is free of hormones. The gel is patented and contains a specially developed combination of hyaluronic acid, liposomes, vitamin E and hop extract.

Hyaluronic acid

Hyaluronic acid is moisturizing and moisture-preserving. Hyaluronic acid can bind liquid 1000 times its weight, which is then released. A liquid film is formed against the vaginal mucosa, which reduces itching and burning.

Vitamin E

Vitamin E is a vitamin with an antioxidant component.

Liposomes

Liposomes are microscopic fat beads that help increase the moistness of the tissue. Liquid is stored in the liposomes and is then released very slowly so that the mucous membrane is kept moist over a longer period of time.

Hop extract

Hop extract is an antioxidant.

Gynomunal vaginal gel, for whom?

For all women with dry, sensitive mucous membranes.

Good option for women who should not or do not want to use oestrogen.

Can be used by women who are pregnant or are breastfeeding. During pregnancy, one should avoid using the applicator.

Gynomunal can be used with Latex condoms.



Dosage

A tube of Gynomunal vaginal gel contains 50 gels. One dose is equivalent to 2.5 grams of gel.

One tube gives a total of 20 doses.

In each package there is an applicator.

- Screw the applicator onto the opening of the tube.
- Press the tube to release the applicator's piston as far as it goes.
- Unscrew the applicator and insert it as far as it goes into the vagina and push out the gel.
- Disassemble and clean the applicator in lukewarm water. Feel free to watch the video available at www.gynomunal.se

Apply the gel before bedtime.

First week one dose/day and after that 2 doses/week.

Gynomunal vaginal gel can also be used when necessary.

Storage and expiration date

Gynomunal vaginal gel should be stored at room temperature (15-30°).

The gel has a shelf life of 6 weeks after the tube is opened.

Where can you find Gynomunal Vaginal gel?

You can easily order Gynomunal at www.apotea.se + other internet pharmacies approved by the Swedish Medical Products Agency.

Gynomunal is also available at some pharmacy chains.

